

Picture: Mr. Nihar Ghosh, C-Aid, Facilitating session during training II/ Picture Courtesy: RedR India

Report

**Training Courses on Hygiene Promotion
Cox's Bazar, June 2018**

Acknowledgements

This assignment was a joint initiative of RedR UK, Christian Aid Bangladesh and RedR India. The consistent effort, investments and engagement by all actors was crucial to its effective outcome. RedR India acknowledges the operational leadership of Christian Aid and support of Act Alliance throughout the process for ensuring a successful training. We thank World Vision, the WaSH Coordination Leads of Camp 15, Jamtoli, for extending their support from time to time whenever necessary.

We would like to acknowledge, with deep gratitude, the cooperation, technical inputs and support extended by the lead facilitator for this training, Mr. Mandar Vaidya (RedR India). In particular we must acknowledge the work of Mr. Nelson Halder, Mr. Nihar Ghosh of Christian Aid and Ms. Joyshree Sarker of DCA who also co-facilitated second training course.

Lastly and most importantly, we thank all the participants of the training on "Hygiene Promotion" organised in Cox's Bazar in June 2018, who invested their time and energies as patient and enthusiastic learners during the training sessions and provided insightful feedback that contributed to the success of this Training.

We hope and believe that these two training courses will have a cascading impact on further capacity building for hygiene promotion among WaSH responders in Cox's Bazar, Bangladesh.

- Team RedR

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Background

Starting 25th August 2017 more than 671,500 Rohingya have been forcibly displaced from their homes in Rakhine State of Myanmar to Cox's Bazar in Bangladesh. The massive inflow of Rohingya population has triggered a large scale humanitarian response to cater to the needs of the affected population residing in camps set up by the Bangladesh Government. CAID is working in Jamtoli (Camp 15) as Camp Management Agency, along with its partners, responding to the needs of 51,866 Rohingyas through multi-sectoral interventions which include Site Management, WASH, Shelter/NFI, Health Care and Protection.

CAID is working in partnership with four partners and in collaboration with WASH cluster partners. Hygiene Promotion is an important part of CAID's WASH intervention. Amidst of existing high WASH vulnerabilities in the Rohingya camps, the public risks to the population is also high. With this backdrop RedR India in collaboration with CAID organised two training courses for CAID partners from Act alliance on Hygiene Promotion during 3rd and 4th June and then on 6th and 7th June 2018 at Cox's Bazar.

Training Objectives

At the end of the course, participants will be able to:

- Understand Hygiene Promotion(HP) in a post disaster situation as a part of WASH intervention;
- Explain the sphere standards for HP with special emphasis on cross cutting issues and protection principles.
- Identify risk practices and barriers in transmission route of WASH diseases with special reference to Rohingya camps in Cox's Bazar.
- Describe and demonstrate hygiene-promotion methods and activities in the context of Rohingya camps in Cox's bazar.

Participants for the Training Courses

Hygiene Promotion Training Course (3rd and 4th June 2018):

Key staff members from Act Alliance partners were the key participants for the training. There were 17 participants from five organisations. Out of whom, there were four women participants.

Hygiene Promotion Training Course (6th and 7th June 2018):

Key staff members from WASH cluster partners were the key participants for the training. There were 14 participants from eight organisations. Out of whom, there were three women participants.

Key Content and Methods for the Training Courses

A quick learning needs assessment for this training was done through field observation, interaction with community mobilisers and a consultation with partners' staff to understand the status of hygiene promotion activities and existing knowledge, skills and perspectives on hygiene promotion. It was found that participants needed more clarity on concepts and processes of hygiene promotion in the emergency context. The course was designed accordingly.

The two days training was structured into four parts. The first part of the training dealt with the basics of WASH as an important sector of humanitarian response and hygiene promotion concepts. The second part of the training helped participants to discuss hygiene risk behaviour with special reference to Rohingya camp situation. The third part of the training covered key content related to participatory

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communication framework, Sphere standards and included group work on designing Rohingya camp specific activities on hygiene promotion.

The training courses were facilitated using participatory methods including interactive power point presentations with visuals, group work, experience sharing and demonstration. The first training course was entirely facilitated by RedR India's facilitator. During the interaction of first training course, three participants were identified as facilitators for the second training course. The second training course was facilitated jointly by newly identified trainers in Bangla language.

Training Schedule

No	Time	Session
Day 1		
1.1	0900 – 1000	Introductions
1.2	1000 – 1130	Overview of WASH: A Key Sector of Humanitarian Response
	1130 – 1145	Tea Break
1.3	1145 – 1300	Overview of hygiene promotion
	1330 – 1400	Lunch
1.4	1400 – 1530	Understanding risk behavior
	1530 – 1545	Tea Break
1.5	1545 – 1700	Participatory communication framework for hygiene promotion
	1700 – 1715	Daily evaluation
Day 2		
2.1	0900 – 0930	Recap of day one
2.2	0930 – 1100	Group work
	1100 – 1515	Tea Break
2.3	1115 – 1215	Group work presentations.
2.4	1215 – 1300	Key common activities for the facilitation of Hygiene promotion in emergencies
	1300 – 1400	Lunch
2.5	1400 – 1600	Overview of standards for hygiene promotion and Opportunities for enhanced Hygiene Promotion interventions in Rohingya response
	1530 – 1545	Tea Break
2.6	1600 – 1630	Course evaluation and conclusion

**Part I Training Proceedings
3rd and 4th June 2018**

Day 1

The training began with the session on introductions and a quick context setting by Mr. Ram Kishan from Cristian Aid. The importance of organised hygiene promotion intervention in Rohingya camps was emphasised in his context setting. This was followed by course overview.

The first technical session on **Overview of WASH: A Key Sector of Humanitarian Response** was facilitated using interactive power point presentation. The first part of the session helped participants to discuss on WASH as an essential service to ensure public health. Second part of the session explained seven components for WASH intervention in emergencies including Water Supply, Excreta Disposal, Solid waster management, Drainage, Vector Control and Hygiene Promotion. Next part of the session oriented participants with the WASH team composition. The session was concluded with detailed discussion on Hygiene Improvement Framework with the examples from the field.

The second technical session on **Overview of Hygiene Promotion** began with the discussion on Water and sanitation related diseases including Water borne Water Wash and Vector borne diseases. The second part of the session helped participants to relate with F – Diagram and barriers to the Fico-oral rout of water borne diseases. This was followed by the discussion on essentials of hygiene promotion in emergencies including definition, common myths of hygiene promotion, principles of hygiene promotion and key components of hygiene promotion programming. The session was concluded with a group work and group work presentations on essential roles and tasks of hygiene promoters.



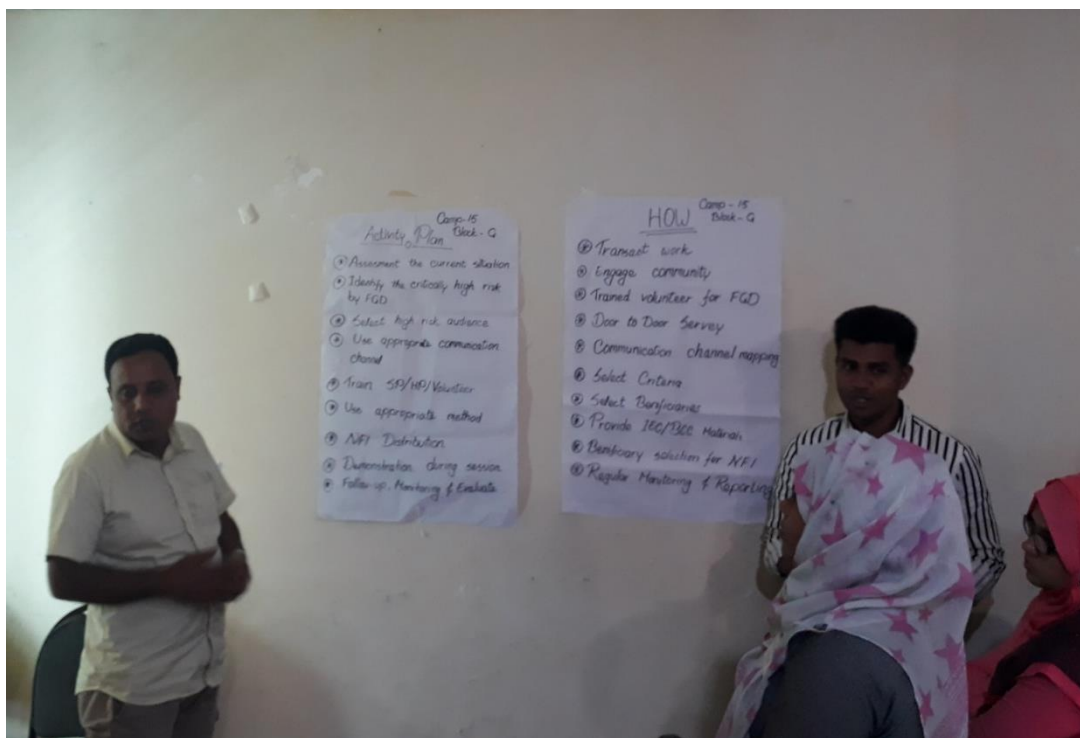
Picture: Participants during group work on roles and tasks of hygiene promoters

The third technical session on **Understanding risk behavior** was facilitated using group work and interactive methods. The session began with the discussion on definition of hygiene risk behavior followed by broad classification of hygiene risk behavior including water handling, excreta disposal,

food handling, environmental cleanliness and personal hygiene. Each of the type of hygiene risk behavior was then discussed in detailed with reference to the examples from Rohingya Camps. Participants also contributed to the examples in each type of hygiene risk behavior.

The last session of the day on **Participatory communication frameworks** for hygiene promotion was facilitated using interactive power point presentation. The session began with the discussion on key essential for communicating with communities during emergencies followed by the discussion on behaviour change communication. The stages of behaviour change were discussed in detailed with reference to the examples from the Rohingya camp situation. Second part of the session dealt with key features of hygiene promotion messages followed by the discussion on group media approach for disseminating messages through interactive methods. The session was concluded with the discussion on IEC material emphasizing significance of context specific and people friendly IEC material.

Day 2



Picture: Participants during group work on designing & demonstrating camp specific HP activities.

After a quick recap of day one the day two training started with the **Group work on designing and demonstrating camp specific Hygiene Promotion activities**. The participants were divided into four groups and each group was assigned a component of the hygiene promotion viz. Water Handling, Excreta disposal, Food handling and Environmental cleanliness. The first group work task was to identify camp specific risk behaviour associated with the components. Each group presented the list of risk behaviour. Next task of the group work was to select riskiest behaviour and develop messages around it as per the key characteristics of the good hygiene promotion messages. All the groups created camp specific messages which were displayed in the training hall. Last task of the group work was to design and demonstrate an activity with participatory method to disseminated the message. This was the most joyful experience for the groups to design and demonstrate activities. All the groups created their own simple IEC material like drawings and posters.

Two groups demonstrated the activity of community meeting, one group demonstrated focussed group discussion and one group demonstrated the activity of role play.

The post lunch session on **Overview of standards for hygiene promotion and opportunities for enhanced Hygiene promotion in Rohingya camps** was facilitated using interactive discussion with sphere standards on Hygiene Promotion as the reference material. The hard copies of the standards were distributed among the group and the Standard, Indicators and the guidance notes were explained to the participants. In the next part of the session participants worked in group to identify opportunities for enhanced hygiene promotion interventions in Rohingya camps with reference to the sphere standards. The group work presentations indicated opportunities for targeted interventions

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with women, children, adolescents for improved practices on hand washing and water handling. The group presentations also indicated opportunities on hygiene promotion activities with WASH committees.

The course was concluded with **Training Evaluation** (*Discussed in Part III of this report*)



Picture: Participants during group activity session

Part II Training Proceedings
6th and 7th June 2018

Day 1

This training was organised for camp level functionaries of WASH partners involved in hygiene promotion. Since Bangla language was preferred by all the participants this training was facilitated by three facilitators selected from the participants of earlier training course. A meeting with all the facilitators was organised for training preparation. The training began with the session on introductions and a quick context setting by Nelson from Cristian Aid. This was followed by course overview.

The first technical session on **Overview of WASH: A Key Sector of Humanitarian Response** was facilitated by Nihar Ghosh, WASH officer CAID using interactive power point presentation with reference to examples from field. The first part of the session helped participants to discuss on relationship of WASH as an essential service to ensure public health. Second part of the session explained seven components for WASH intervention in emergencies including Water Supply, Excreta Disposal, Solid waster management, Drainage, Vector Control and Hygiene Promotion. The session was concluded with detailed discussion on Hygiene Improvement Framework with the examples from the field.



Picture: Participant interaction during first session

The second technical session on **Overview of Hygiene Promotion** was facilitated using interactive power point presentation by Nelson Haldar, Public Health officer. The session relationship of F chart with and barriers to the Fico-oral rout of water borne diseases. This was followed by the discussion on essentials of hygiene promotion in emergencies including definition, common myths of hygiene

promotion, principles of hygiene promotion and key components of hygiene promotion programming. The session was concluded with explanation of role and tasks of hygiene promoters.

The third technical session on **Understanding risk behavior** was facilitated by Joyshree Sarker, Capacity building officer of DCA using interactive power point presentation. The session began with the discussion on definition of hygiene risk behavior followed by broad classification of hygiene risk behavior including water handling, excreta disposal, food handling, environmental cleanliness and personal hygiene. Each of the type of hygiene risk behavior was then discussed in detailed with reference to the examples from Rohingya Camps. Participants also contributed to the examples in each type of hygiene risk behavior.

The last session of the day on **Participatory communication frameworks** was facilitated by Nelson interactive power point presentation. The session began with the discussion on levels of participation for community mobilisation. This was followed by the discussion on key essential for communicating with communities during emergencies followed by the discussion on behaviour change communication. Next part of the session dealt with key features of hygiene promotion messages followed by the discussion on group media approach for disseminating messages through interactive methods.

Day 2

After a quick recap of day one the day two training started with the **Group work on designing and demonstrating camp specific Hygiene Promotion activities**. The participants were divided into four groups and each group was assigned a component of the hygiene promotion viz. Water Handling, Excreta disposal, Food handling and Environmental cleanliness. The first group work task was to identify camp specific risk behaviour associated with the components. Each group presented the list of risk behaviour. Next task of the group work was to select riskiest behaviour and develop messages around it as per the key characteristics of the good hygiene promotion messages. All the groups created camp specific messages which were displayed in the training hall. Last task of the group work was to design and demonstrate an activity with participatory method to disseminate the message. This was the most joyful experience for the groups to design and demonstrate activities. All the groups created their own simple IEC material like drawings and posters. Two groups demonstrated the activity of community meeting, one group demonstrated focussed group discussion and one group demonstrated the activity of role play.

The post lunch session on **Overview of standards for hygiene promotion and opportunities for enhanced Hygiene promotion in Rohingya camps** was facilitated by Nelson using interactive discussion with sphere standards on Hygiene Promotion as the reference material. The hard copies of the standards were distributed among the group and the Standard, Indicators and the guidance notes were explained to the participants. In the next part of the session participants worked in group to identify opportunities for enhanced hygiene promotion interventions in Rohingya camps with reference to the sphere standards. The group work presentations indicated opportunities for targeted interventions with women, children, adolescents for improved practices on hand washing and water handling. The group presentations also indicated opportunities on hygiene promotion activities with WASH committees.

The course was concluded with **Training evaluation**. *(Discussed in Part III of this report)*

Part III Training Course Evaluations

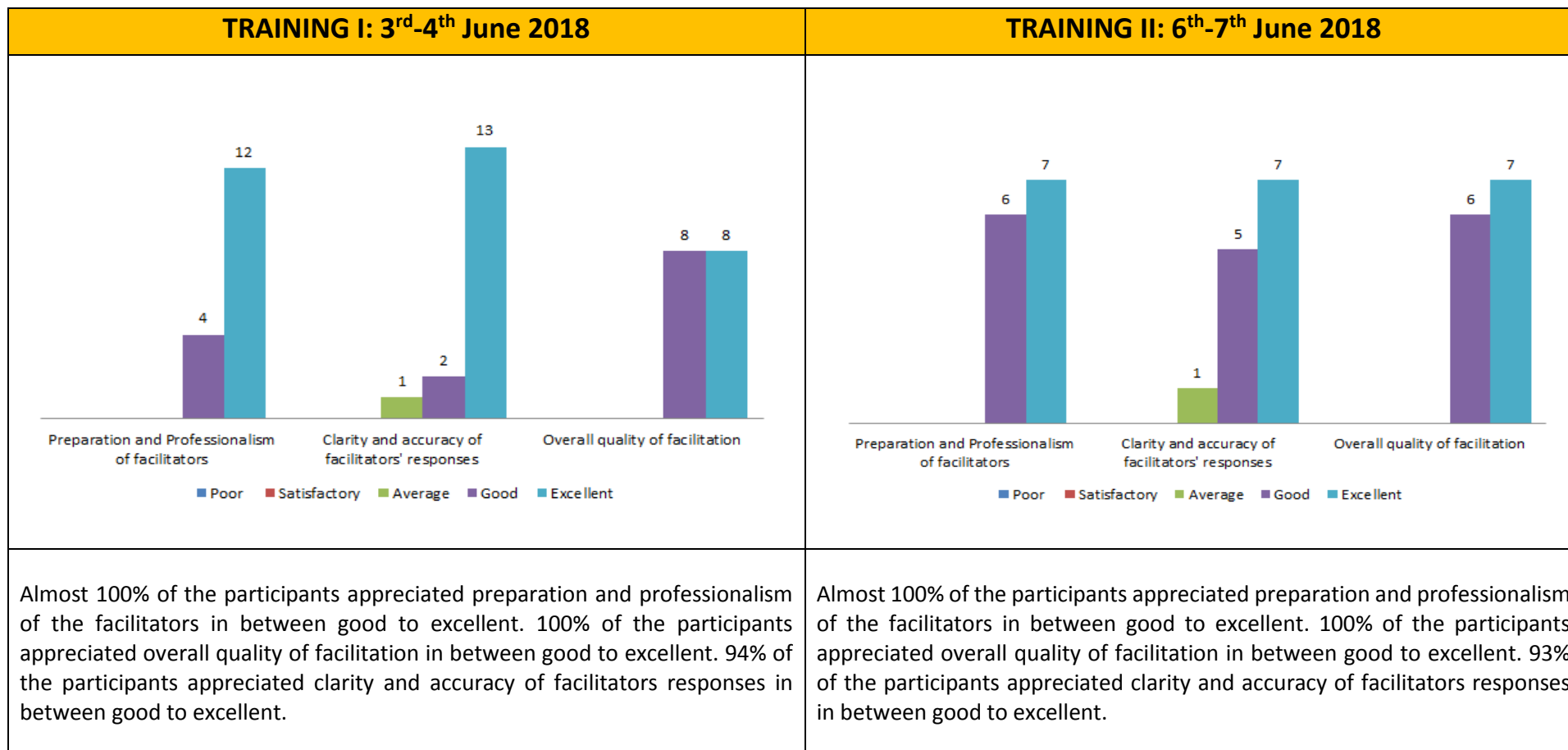
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The course evaluation was conducted using RedR India's standard evaluation forms. Of the 17 participants registered for the training held between 3rd-4th June 2018, 16 participants filled up the forms. During the second training, between 6th-7th June 2018, 12 participants of the total 14 registered, filled the evaluation forms. The data collected from these evaluation form is analysed as follows:

Course Objectives and Delivery

TRAINING I: 3 rd -4 th June 2018	TRAINING II: 6 th -7 th June 2018																																								
<table border="1"> <caption>Training I Evaluation Data</caption> <thead> <tr> <th>Category</th> <th>Average</th> <th>Good</th> <th>Excellent</th> </tr> </thead> <tbody> <tr> <td>Extent to which course objectives have been achieved</td> <td>1</td> <td>9</td> <td>6</td> </tr> <tr> <td>Quality of learning aids and resources</td> <td>2</td> <td>6</td> <td>8</td> </tr> <tr> <td>Effectiveness of course sessions</td> <td>2</td> <td>6</td> <td>8</td> </tr> <tr> <td>Balance between lecture, discussion and exercise</td> <td>1</td> <td>7</td> <td>6</td> </tr> </tbody> </table>	Category	Average	Good	Excellent	Extent to which course objectives have been achieved	1	9	6	Quality of learning aids and resources	2	6	8	Effectiveness of course sessions	2	6	8	Balance between lecture, discussion and exercise	1	7	6	<table border="1"> <caption>Training II Evaluation Data</caption> <thead> <tr> <th>Category</th> <th>Average</th> <th>Good</th> <th>Excellent</th> </tr> </thead> <tbody> <tr> <td>Extent to which course objectives have been achieved</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>Quality of learning aids and resources</td> <td>1</td> <td>5</td> <td>7</td> </tr> <tr> <td>Effectiveness of course sessions</td> <td>1</td> <td>3</td> <td>9</td> </tr> <tr> <td>Balance between lecture, discussion and exercise</td> <td>2</td> <td>4</td> <td>7</td> </tr> </tbody> </table>	Category	Average	Good	Excellent	Extent to which course objectives have been achieved	3	4	5	Quality of learning aids and resources	1	5	7	Effectiveness of course sessions	1	3	9	Balance between lecture, discussion and exercise	2	4	7
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<p>The data indicates that 94% of the participants ranked course extent of meeting course objectives in between good to excellent. 88% of the participants ranked quality of learning aids and effectiveness of course sessions in good to excellent. 93% found balance of lecture, discussions and exercises in between good and excellent.</p>	<p>The data indicates that 75% of the participants ranked course extent of meeting course objectives in between good to excellent. 92% of the participants ranked quality of learning aids and effectiveness of course sessions in good to excellent. 85% found balance of lecture, discussions and exercises in between good and excellent.</p>																																								

Facilitators Evaluation



Overall Experience

80% of the participants in the first batch trained during 3rd-4th June 2018 appreciated overall experience of training course in between good to excellent. The percentage went up to a complete 100% in the second training, held between 6th-7th June 2018.

Most of the participants quoted “Standards in Hygiene Promotion” and “Rational Communication” as the topics that they liked the most about the programme. Others shared that they found the sessions on Identifying Risk Behaviour the most informative. One of the participants, shared that the training helped her to understand how an approach for hygiene promotion can be made more systematic. The group works were enjoyed by the participants and they said that these helped in practical learning. The examples and experiences shared by the facilitator were greatly appreciated by the participants. *“Examples helped in comparing the current scenario and the work being done”*, said one of the participants at the end of the training. The training was found to be *“Clear, simple, understandable, significant and applicable”* in the words of the participants.

Some suggestions were also received to improve the overall quality of the training. Most of these revolved around venue and administration, which according to participants, could be further improved. Participants also suggested even more use of audio-visuals and case studies, etc and to make the training further interactive. Some participants also expressed that the training duration should have been longer. A few of the participants shared that they would have preferred the entire training in Bengali as they found it difficult to interact due to language constraints.

Part IV Annexures

Annexure I: List of Participants

Table 1. Hygiene Promotion Course 3rd and 4th July 2018

No	Name	Organization	Designation
1	Joyshree Sarker	DCA	Capacity Building Coordinator
2	Sadikur Rahman	DCA	Capacity Building Coordinator
3	Fahima Akter	DCA	GBV Prevention Officer
4	Md. Rafiqul Islam	CAID	Field Supervisor
5	Bijoy Biswas	CCDB	Program Manager
6	Amalendu Biswas	CCDB	Program Officer
7	Md. Abdullah Al Manun	CCDB	Program Officer
8	Margaret Jui Das	CCDB	Program Officer
9	ALM Reza Aziz	DAIKONIA	Project Manager
10	Rahela Salab Bizly	DAIKONIA	Community Mobilizer
11	Lutfun Naher	DAIKONIA	Psychologist
12	Kirtika Chakma	DCA	GBV Response Officer
13	Muhammad Shah Alam	UTSA	Program Coordinator
14	Obaidul Islam Munna	HEKS/EPPR	Program Coordinator
15	Kajal Ahmed	CAID	Program Officer – KM
16	Nihar Ghosh	CAID	Program Officer – WASH
17	Nelson Halder	CAID	PHP Officer

Table 2. Hygiene Promotion Course 3rd and 4th July 2018

No	Name	Organization	Designation
1	Elias Murmu	World Vision Bangladesh	Community Volunter
2	Jane Alam	Gana Unayan Kendra	Community Volunter
3	Most. Shahinur	Gana Unayan Kendra	Community Volunter
4	Md. Golam Mostofa	BRAC	Sanitation Supervisor
5	Hasnat Julfa	BRAC	Hygiene Promoter (WASH)
6	Jainal Abedin	Solidarites International	Hygiene Promotion Supervisor
7	Yeasmin Akter	Solidarites International	Hygiene Promotion Officer
8	Moshiur Rahman	ICCO	Project Coordinator
9	Riaz Raihan Rafi	Practical Action	Field Facilitator
10	Md. Ali Fayed	Practical Action	Field Facilitator
11	Md. Jahirul Haque	World Vision Bangladesh	Sanitation and Hygiene Coordinator
12	Shushanna Shampa Kundu	World Vision Bangladesh	Sanitation and Hygiene Promotion Officer
13	Hasina Akter	World Vision Bangladesh	Sanitation and Hygiene Coordinator
14	Rfrancis Boidya	ADRA Bangladesh	Health and Hygiene Promotion Specialist

Annexure II: Training Evaluation Format

Training Evaluation Form

Hygiene Promotion, June 2018, Cox's Bazar, Bangladesh

RedR India uses these course evaluations in planning and developing the training programme. We value your comments and would appreciate you taking the time to complete this form.

Please rank the following between 1 (poor) and 5 (excellent)

Course Objectives and Delivery

	1	2	3	4	5
To what extent have the objectives of the programme been achieved?					
Did the learning aids and resources assist you in achieving the learning objectives?					
Was the delivery of course sessions effective?					
To what extent did the course strike the right balance between lecture, discussion and exercise?					

Facilitators Evaluation

	1	2	3	4	5
Did you think the facilitators were well prepared and professional?					
Did the facilitators answer questions clearly and accurately?					
Please rate the overall quality of facilitation					

What is your overall rating of this programme? (Please tick or circle)

Poor 1 2 3 4 5 Excellent

Please comment further on the following

What did you learn from the programme?

What did you like the most about the programme?

What did you like the least about the programme?

Do you have any suggestions on how we can further improve the programme?

It is optional to place your name on this form, however, should you wish to identify yourself and any further training you would like to undertake, please use this box.

Thank You



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Mission: A world in which sufficient competent and committed personnel are available and responding to humanitarian needs.

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